



INNALOO - AVELEY - YOKINE - SUBIACO

# BREAKFAST

Please let our staff know of any dietary requirements - we are not a gluten, nut or seed free kitchen but will do our best to accommodate your needs

## PANCAKES: GLUTEN FREE

Canadian pancakes w. maple cinnamon whipped butter, bacon, maple syrup, almonds. gf 25

Nutella & banana pancakes 25

Banana pancakes served with butterscotch sauce, maple cinnamon whipped butter & almonds. gf 25

Gluten free housemade muesli w. berry and apple compote, natural greek yoghurt, topped with granola. v gf  
-add milk 15  
1

Breakfast bruschetta w. smashed avocado, roasted tomatoes, poached eggs, rocket, reduced balsamic on Artisan sour dough toast. gfo df v  
-swap eggs for roasted mushrooms to make it vegan 24

Green Eggs w. house pesto scrambled eggs, field mushrooms, wilted spinach, feta cheese on Artisan dark rye. gfo dfo v 24

Paleo Pumpkin Bread w. smashed avocado, poached egg, rocket, reduced balsamic glaze. gf df v  
- add one poached egg 19  
2.5

Braised Beans w. house beans, chorizo, sweet corn, jalapeno's, soft corn tortillas, free range fried eggs. gf df 20

Keto omelette w. spinach, wild mushrooms, cheddar cheese. gf v (egg white only may be available please ask staff)  
- Add Chicken OR Ham 19  
8

Breakfast salad w. rocket, avocado, cherry tomatoes, pickled carrot, red onion, bacon, poached eggs, vegan aioli. gf df vo 22

10 hour slow roasted pulled pork benedict w. poached eggs, Artisan sourdough toast, house spiced hollandaise. gfo  
- add wilted spinach 25  
2.5

Bacon benedict w. poached eggs, Artisan sourdough toast, house hollandaise. gfo  
- add wilted spinach 25  
2.5

Smoked salmon benedict w. poached eggs, Artisan sour dough toast, smoked salmon, house hollandaise. gfo  
- add wilted spinach 25  
2.5

Big breakfast w. bacon, eggs your way, roasted tomato, hash brown, house beans, pork sausage, Artisan sour dough toast. gfo dfo 25.50

Big veggie breakfast w. eggs your way, roasted tomato, hash brown, house beans, wilted spinach, roasted mushrooms, avocado, Artisan sour dough. gfo dfo v 26

Bacon & egg wrap w. fried egg, bacon, spinach, housemade tomato sauce. df 15

Breakfast vegan wrap w. wilted kale, roasted mushroom, hashbrown, housemade tomato sauce, vegan aioli. df 15

Breakfast burger w. hashbrown, bacon, fried egg, cheddar, housemade tomato sauce, spinach. gfo 20

Two free range eggs cooked your way on Artisan sourdough or dark rye toast. gfo df v 14

Artisan sourdough toast with condiments

Choose from honey, vegemite, butter, maple syrup or housemade strawberry jam. gfo dfo

Extras: only to be added with the purchase of a main meal. Not sold separately

two Bacon: 9 | two Eggs: 5 | two Tomatoes: 4 | two Hash browns: 4 | Beans: 5 | Pork sausage: 5 |

Mushrooms: 5 | 1/2 Avocado: 5.5 | Pulled Pork: 8 | Wilted Kale: 4.5 | Hummus 4.5

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# LUNCH

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Spicy Thai beef salad w. rocket, marinated beef, house pickled vegetables, roasted capsicum, honey roasted cashews. gf df	23
Tikka salad w. rocket, minted yoghurt, marinated grilled chicken, chorizo, onion, pickled carrots, honey roasted cashews, cherry tomatoes, house dressing, pappadum. gf	25
Shaved Pear salad w. rocket, red onion, candied walnuts, balsamic reduction & feta cheese. gf v vegan option x add grilled chicken x housemade falafels	18 8 10
Housemade falafels w. wilted kale, hummus, crushed almonds, avocado, fresh chilli, coriander & lemon wedge. gf df vegan	25
Buddah Bowl w. sauteed green veg, roasted pumpkin, avocado, spiced chickpeas, sesame, quinoa, kale, pickled radish x add grilled chicken x housemade falafels	21 8 10
Soft Tacos: (3) chicken or 10 hour slow cooked pulled Pork w. Jalapeños, mint yoghurt, cos lettuce, creamy slaw, gf Vegan Option: Mushroom, vegan aioli, charred corn, cos lettuce, creamy slaw, Jalapeños	22
Bucket of chips, house vegan aioli, house tomato sauce. gf df vegan	10

## Wraps

Smoked salmon wrap w. cos, carrot, onion, tomato, aioli, house tomato sauce, served with a garden salad. df	19
Grilled chicken breast wrap w. cos, carrot, onion, tomato, aioli, house tomato sauce, served with a garden salad. df	19
Housemade vegan falafal wrap w. hummus, kale, onion, vegan aioli, served with a garden salad. df vegan	19

## Burgers

At Lot Six Zero we hand craft our burger patties using only 100% Western Australian Blade cut beef. No additives, No preservatives, No Nasties.

Ground Beef w. house tomato sauce, cheddar, aioli, cos, tomato, house pickles, American mustard on brioche, served w. chips gfo dfo - add bacon & egg 7	23
CBA w. Grilled Chicken, smashed avocado, bacon, cos, brioche, served w. chips. gfo dfo	25
Spicy BBQ Pulled Pork w. BBQ marinated pulled pork, creamy slaw, pickles & Jalapenos, brioche, served w. chips gfo dfo	25
Vegan Beyond "Beef" Burger w/ vegan cheese, tomato, lettuce, pickle, vegan aioli & relish served with chips gf	25
Steak Sandwich w. Scotch fillet, bacon, cheese, grilled onion, lettuce, tomato, relish & aioli served w. chips gfo, dfo	26.50

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# COFFEE

## LOT SIX ZERO'S "House Blend"

Our house blend coffee bean has been handpicked for a full flavoured coffee. It has a bold and syrupy mouth feel, with beautiful milk chocolate & spicy tones with a smooth finish.

Add Soy 0.6 | Add Almond milk 0.6 | Oat Milk 0.6 | Organic Decaf 1.0 | Lactose Free 0.6

"KOKO" HOT CHOCOLATE - dairy free option available - Glass 4.70 | Mug 6.20

ORGANIC MATCHA GREEN TEA LATTE Glass 4.70 | Mug 6.20

ORGANIC CHAI ME LATTE - GLUTEN FREE Glass 4.70 | Mug 6.20

ORGANIC GOLDEN TURMERIC MILK - served with soy milk. Glass 4.70 | Mug 6.20

## POT OF TEA (serves one) loose leaf -

6

### English Breakfast

French Earl Grey - Black tea, lavender, rose petals, mallow, natural flavour of mango & oil of bergamot

Berry Green - Green tea, oolong tea, strawberries, raspberries & red currants

### Green Tea

G.L.E.W - ginger, lemongrass, echinacea, white tea

Well Being - Spearmint, alfalfa, calendula

### Peppermint

Chai - Black tea, cinnamon, ginger, cloves, black pepper, cardamon

Fruity-Tutti - Raspberry pieces, apple, orange, rosehip, hibiscus, lemongrass & vitamin c)



# COLD DRINKS

## COLD PRESSED JUICES

please see display fridge for our daily selection

## DELICIOUS SMOOTHIES

x add whey protein powder 4

Gym Junkie: Banana, mango, spinach, coconut water, vanilla protein 13

Berry Warrior: Strawberry, raspberry, blueberry, coconut water, vanilla protein 13

Gone Nuts: Banana, peanut butter, dates, almond milk, coco powder 13

Banana Smoothie: Banana, ice cream, honey, skim milk 10

Tropical: Mango, passionfruit, strawberry, coconut water 10

MILKSHAKES (GF) - Choc | Vanilla | Caramel | Strawberry | Spearmint | Banana 8

(Vegan options available using soy ice cream and soy or almond milk - caramel NA - 1)

ICED coffee | ICED chocolate | ICED mocha - served with cream & ice cream 8

Homemade Iced Latte (black available) 7

Brewed for over 12 hours, be seduced by this smooth and sensuous blend mixed with creamy milk & ice.



# KIDS MENU UNDER

12yo, available all day  
Please let our staff know of any dietary requirements

Mini Brekky 1 egg (fried or poached), 1 bacon, 1 hashbrown & sourdough gf df 13

Pancakes with maple syrup & butter gf 13

Chicken slices & chips gf df 11

Small bucket of chips gf df vegan 9

## DRINKS

Kids Milkshakes

-Chocolate, Vanilla, Caramel, Strawberry, Spearmint, Banana 6

Please see drinks fridge for juice and soft drink options