

LOT SIX ZERO

LOCATIONS: INNALOO.AVELEY.YOKINE.BELDON

WWW.LOTSIXZERO.COM

SMOOTHIES

Gym Junkie. 13

Banana, Mango, Spinach, Coconut Water, Protein Powder

Berry Warrior. 13

Strawberry, Raspberry, Blueberry, Coconut Water, Protein Powder

Gone Nuts. 13

Banana, Peanut Butter, Dates, Almond Milk, Cocoa

Banana. 12

Banana, Ice Cream, Honey, Skim Milk

Tropical. 12

Mango, Passionfruit, Strawberry, Coconut Water

ADD WHEY PROTEIN POWDER 2

MILKSHAKES 8

Chocolate. Vanilla. Caramel.

Strawberry. Spearmint. Banana.

ICED DRINKS 8.5

Iced Coffee. Iced Chocolate. Iced Mocha.

Served w. Whipped Cream & Ice Cream

Homemade Iced Latte (Black available) 7.2

KIDS MENU

MINI BREKKY. *GF, DF*. 1 egg, 1 Bacon, Hashbrown, Sourdough 15

Pancakes. *GF*. Maple Syrup & Butter 14

Chicken & Chips. *GF, DF*. Chicken Breast, Tomato sauce 12

Small Bucket of Chips. *GF, Vegan* 10

KIDS MILKSHAKE 7

Chocolate, Vanilla, Caramel, Strawberry,

Spearmint, Banana

HOT DRINKS SMALL 6 Large 6.6

"KOKO" HOT CHOCOLATE. *GF, DFO*

Organic Matcha Green Tea Latte. *GF, DFO*

Organic Chai Latte. *GF, DFO*

Organic Golden Turmeric Milk. *GF, DF*
Served w. Soy Milk

Soy 0.8 ALMOND MILK 0.8 Oat Milk 0.8
Organic Decaf 1.0 Lactose Free 0.8

POT OF TEA 6

English Breakfast

French Earl Grey

Green Tea

Glew- ginger, Lemongrass, Echinacea, White Tea

Peppermint

Chai

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MAPLE BACON PANCAKES. *GF DFO* 25
 MAPLE CINNAMON WHIPPED BUTTER, BACON, MAPLE SYRUP, ALMONDS

BUTTERSCOTCH BANANA PANCAKES. *GF* 25
 MAPLE CINNAMON WHIPPED BUTTER, ALMONDS

BRUSCHETTA. *GF V DF* 25
 SMASHED AVOCADO, ROASTED TOMATOES, POACHED EGGS, ROCKET, BALSAMIC, SOURDOUGH - *vegan OPTION SWAP EGGS FOR MUSHROOMS*

CHILLI EGGS. *GF V DFO* 25
 HOMEMADE SAMBAL SCRAMBLED EGGS, SMASHED AVOCADO, HOUSE HUMMUS, FETA, JALAPENOS, SOURDOUGH

BRAISED BEANS. *GF DF* 24
 HOUSE BEANS, CHORIZO, SWEET CORN, FRIED EGGS, JALAPENOS, SOURDOUGH

OMELETTE. *GF V DFO* 22
 MUSHROOMS, SPINACH, CHEESE, FREE RANGE EGGS
 - ADD CHICKEN OR HAM 8

PULLED PORK BENEDICT. *GF* 26
 POACHED EGGS, SPICED HOLLANDAISE, SOURDOUGH, JALAPENOS. ADD COOKED SPINACH \$3

BACON BENEDICT. *GF* 25
 POACHED EGGS, HOLLANDAISE, SOURDOUGH. ADD COOKED SPINACH \$3

EGGS FLORENTINE. *GF V* 22
 POACHED EGGS, WILTED SPINACH & KALE, HOLLANDAISE, SOURDOUGH

LSZ BIG BREKKY. *GF DFO* 26
 BACON, EGGS YOUR WAY, TOMATO, HASHBROWN, PORK SAUSAGE, BEANS, SOURDOUGH

LSZ BIG VEGIE BREKKY. *GF DFO V* 26
 AVOCADO, EGGS, MUSHROOM, TOMATO, HASHBROWN, SPINACH, BEANS, SOURDOUGH

EGGS ON TOAST. *GF DFO V* 15
 EGGS COOKED YOUR WAY, SOURDOUGH

BERRY MUESLI. *GF V* 18
 BERRY COMPOTE, GREEK YOGHURT, TOPPED WITH HOMEMADE GRANOLA
 - ADD MILK 1.2

SIDES:

BACON 5. EGG 3 (POACHED OR FRIED). HASHBROWNS 5. AVOCADO 5. SCRAMBLED EGG 7. MUSHROOMS 6. PORK SAUSAGE 8

BACON EGG BURGER. *GF DFO* 22
 HASHBROWNS, CHEESE, HOUSE RELISH, SPINACH

BUDDHA BOWL. *GF vegan* 23
 SAUTEED GREEN VEG, PUMPKIN, AVOCADO, SPICED CHICKPEAS, SESAME QUINOA, KALE, PICKLED RADISH
 - ADD CHICKEN BREAST OR - ADD HOUSE FALAFELS 8

BACON EGG WRAP. *DF* 16
 SPINACH, HOUSE RELISH, FRIED EGG, BACON
 - ADD HASHBROWNS 5

BUCKET OF CHIPS. *GF vegan DF* 11
 HOUSE VEGAN AIOLI, HOUSE RELISH

SPICY THAI BEEF SALAD. *GF DF* 25
 MARINATED STEAK, HOUSE PICKLED VEG, ROASTED CAPSICUM, ROCKET, HONEY ROASTED CHASHAWS

PUMPKIN QUIONA SALAD. *GF DFO* 20
 ROCKET, RED ONION, PEPITA, ALMONDS, GARLIC YOGHURT THANI DRESSING, BALSAMIC, FETA
 - ADD CHICKEN BREAST OR - ADD HOUSE FALAFELS 8

TIKKA CHICKEN & CHORIZO SALAD. *GF DFO* 26
 ROCKET, HOUSE PICKLED VEG, RED ONION, JALAPENO, MINT YOGHURT HONEY ROASTED CHASHAWS, CHERRY TOMATO, CORRIANDER

VEGAN WRAP. 17
 KALE, MUSHROOM, HASHBROWNS, HOUSE RELISH, VEGAN AIOLI

CHICKEN WRAP. *DF* 22
 COS LETTUCE, CARROT, ONION, AIOLI, HOUSE RELISH, W. GARDEN SALAD
 - ADD CHIPS 5

HOUSE FALAFEL WRAP. *vegan* 22
 HOUSE HUMMUS, KALE, VEGAN AIOLI, W. GARDEN SALAD
 - ADD CHIPS 5

CBA BURGER. *GF DF* 26
 CHICKEN BREAST, SMASHED AVO, BACON, COS LETTUCE, W. CHIPS

SPICY BBQ PULLED PORK BURGER. *GF DF* 26
 COS LETTUCE, BRIOCHE, PICKLES, JALAPENOS, W. CHIPS

STEAK SANDWICH. *GF DFO* 28
 BACON, CHEESE, GRILLED ONION, COS LETTUCE, TOMATO, HOUSE RELISH, AIOLI, W. CHIPS